



EVERY HEART MATTERS UK

Non-Profit Unincorporated Community Association

Email: info@everyheartmatters.co.uk

Website: www.everyheartmatters.co.uk

CONSTITUTION

EVERY HEART MATTERS UK

Unincorporated Community Association

Adopted on: 1.08.2026

1. Name

The name of the organisation shall be:

Every Heart Matters UK

2. Purpose

Every Heart Matters UK is a non-profit community organisation established to promote the prevention of cardiovascular disease through education, awareness, community engagement and practical support.

The organisation believes that the most effective way to tackle heart disease is through prevention, long before a hospital visit, diagnosis or emergency.

The aims of the organisation are to:

- Promote knowledge and awareness of heart health and cardiovascular disease prevention.
- Encourage healthy lifestyles, including physical activity, healthy eating and positive wellbeing.
- Support communities in making informed choices that reduce cardiovascular risk factors.
- Deliver educational activities, workshops, campaigns and community events.
- Provide information and signposting to relevant health and wellbeing services.

- Work in partnership with local communities, voluntary organisations, public bodies and healthcare professionals.
- Reduce health inequalities through accessible prevention-focused initiatives.

Our Vision

Preventing cardiovascular disease through community action, not crisis intervention.

Our Mission

To create healthier communities, healthier habits and healthier futures through prevention, education and practical support.

Our Values

- Prevention First
- Community Led
- Inclusive and Accessible
- Evidence Informed
- Collaborative
- Sustainable

Prevention is not a programme. It is a way of life.

3. Non-Profit Status

Every Heart Matters UK is established as a non-profit community association.

Any income or property of the organisation shall be used solely to promote its aims and objectives.

No surplus funds shall be distributed to members, officers or volunteers except for legitimate expenses incurred on behalf of the organisation.

4. Powers

To further its objectives, the organisation may:

- Apply for grants and funding.
- Accept donations, sponsorship and gifts.
- Organise events, campaigns and educational activities.

- Produce publications, information resources and online content.
 - Purchase goods and services necessary to achieve its objectives.
 - Open and operate bank accounts.
 - Enter into agreements with other organisations where beneficial to its aims.
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5. Website and Digital Communication

Every Heart Matters UK may create, maintain and use a website, social media pages and other digital platforms to support the aims of the organisation.

The website may be used to:

- Promote the work and purpose of Every Heart Matters UK.
- Share heart health prevention information and community resources.
- Advertise community events, workshops and awareness activities.
- Provide updates on projects, campaigns and achievements.
- Encourage volunteering, partnership working and community involvement.
- Support grant applications by demonstrating the organisation's aims, governance and community benefit.
- Signpost visitors to relevant health, wellbeing and support services.

All website content shall be aligned with the aims and values of the organisation and shall be managed responsibly by the Management Committee or by individuals authorised by the Committee.

The organisation will take reasonable steps to ensure that any personal information collected through the website is handled responsibly and in accordance with applicable data protection requirements.

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6. Membership

Membership shall be open to any individual who supports the aims of Every Heart Matters UK.

The Management Committee has the right to refuse or terminate membership where it believes this is in the best interests of the organisation.

All members shall have equal voting rights.

7. Management Committee

The organisation shall be managed by a Management Committee consisting of at least three officers:

Chair - Svetlana Orriss

Secretary - Paul Orriss

Treasurer - Boris Kurdysh

The Committee shall be responsible for:

- Managing the affairs of the organisation.
 - Ensuring compliance with this Constitution.
 - Managing finances responsibly.
 - Approving funding applications and major expenditure.
 - Ensuring activities support the organisation's aims.
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8. Meetings

The Management Committee shall meet as required and at least once each year.

A quorum shall be two committee members.

Decisions shall normally be made by simple majority vote.

In the event of a tied vote, the Chair shall have the casting vote.

9. Annual General Meeting (AGM)

An AGM shall be held each year where practical.

The AGM shall:

- Review activities undertaken during the year.
- Review financial arrangements.
- Elect or re-elect committee members.

- Consider future priorities and plans.
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10. Finance

The funds of Every Heart Matters UK shall be held in a recognised UK bank account in the organisation's name.

The primary funding sources may include:

- Grant funding
- Donations
- Fundraising activities
- Sponsorship
- Other lawful income sources consistent with the organisation's objectives

All expenditure must support the aims of the organisation.

Financial records shall be maintained and made available for inspection by committee members.

11. Bank Account Authorisation

The organisation shall maintain a bank account in its own name.

Authorised Signatories shall be:

Svetlana Orriss

Paul Orriss

At least two authorised signatories must approve transactions in accordance with the bank mandate and banking arrangements.

12. Safeguarding and Equality

The organisation is committed to:

- Equality of opportunity.
- Non-discrimination.
- Respect and inclusion.
- Creating a safe and welcoming environment for all participants.

13. Amendments to the Constitution

This Constitution may be amended by a two-thirds majority of members present at a properly convened meeting.

14. Dissolution

If the organisation is dissolved, any remaining funds and assets, after settlement of liabilities, shall be transferred to one or more non-profit organisations with similar aims.

No assets shall be distributed to individual members.

Every Heart Matters UK

"Preventing cardiovascular disease through community action, not crisis intervention."